

**COURSE TITLE: HUMAN SEXUALITY AND MARITAL COUNSELING**

**COURSE CODE: GC 1205**

**HOURS TAUGHT: 3 HRS PER WEEK**

**PREREQUISITES: None**

### **PURPOSE OF COURSE**

The course is intended to expose students the theories of Human sexuality and mental counseling, human psychology. Sexual orientations, Homosexuality, Hetero sexuality Bisexuality, Sadism and commercial sex.

Student will be taken through prostitution. Pedophilism pornography, coercive sex, rape, defilement, sexual harassment, sexual dysfunction, sex Therapy, sexual, sexual response cycle personal attraction and love, problems in marriage and their courses. Affairs in mental sex in marriage, building strong marriage.

### **EXPECTED LEARNING OUTCOMES**

By the end of the course students will be able to:

- Describe theories of human sexuality and mental counseling.
- Describe psychology of human sexuality.
- Explain sexual orientations homosexuality, Heterosexuality.
- Describe Bisexuality, sexuality, sexual variation and voyesum.
- Explain bestiality, sadism and commercial sex.
- Describe prostitution, Redophilism, Pornography, coercive sex, rape, defilement, sexual harassment, sexual dysfunction, sex Therapy, sexual harassment, sexual dysfunction.
- Describe sex therapy, sexual response cycle and person attraction and love.
- Explain problems in marriage and their causes.
- Describe affairs in mental sex in marriage.
- Explain way of building strong marriage.

### **COURSE CONTENT**

- Human sexual Behaviour

- Concept
- Types of sexual behaviour
- Psychological aspects
- Social and cultural aspects
- Sex and cultural taboos
  - sources of the problem
  - turn – one for men and for women
  - acceptance of sex play
  - acceptance of sexual fantasies.
- Choosing our sexual life style
  - Being pressured / persuaded
  - The options
  - Making choices
  - Sex in (an out of ) a “committed relationship.
  - Sexual intercourse : making love.
- The importance of being a guard
  - guarding against unwanted pregnancies
  - guarding against date rape
  - guarding against sexually transmitted diseases
  - summing up
- Dealing with specific sexual problems,
  - lack of sexual interest
  - men’s sexual problems
  - women’s sexual problems
  - causes of sexual problems
  - talking about sex
  - homosexuality

## **MODE OF DELIVERY**

- Lectures
- Reading assignments
- Practical assignments
- Field trips
- Documentaries

## **INSTRUCTIONAL MATERIALS AND / OR EQUIPMENT**

- Whiteboard and Markers
- Flip Charts
- LCD Projectors
- CDs, DVDs and Tapes

## **COURSE ASSESSMENT**

- Continuous assessments tests 20%
- Group and individual project (course work) 20%
- End of Semester Examination 60%

## **READING MATERIALS / LIST**

Finkelhor, David; Sharon Araji (1986). A source book on child sexual Abuse:  
Sourcebook on Child Sexual Abuse. Sage publications.

Schaefer, G. A (2009). can pedophiles be reached for primary prevention of child sexual abuse? UKLondon.

Goldman, Haward H. (2000). Review of General Psychiatry. McGraw- Hill  
professional Psychiatry. P. 374.