

MODULE TWELVE

SEXUAL DISORDERS

Some sexual disorders are quite serious while others are more common problems of adjustment. Paraphilias (which are sexual deviations characterized by the need for an unusual behaviour for sexual arousal which interfere with normal sexual activities) Para means deviant and phillia means attractions.

People who have a paraphilia tend to have repetitive urges and fantasies that involve object, humiliation, children and non-consenting partners.

Eight specific paraphillias are identified by the DSM IV and these are;

A, Exhibitionism: is exposing one's genitals in order to achieve sexual gratification.

B, Fetishism. Is when a person prefers to become sexually excited by objects (fetishes)

C, Frotteurism involves obtaining of sexual arousal from touching and rubbing against a non-consenting person.

D, Pedophilia – Sexual activities with young children.

E, Sexual sadism-is inflicting suffering or humiliation on one's partner to achieve sexual arousal.

F, Sexual Masochism - Achieving sexual arousal by receiving pain from one's partner.

G, Transvesticfetishism.Obtaining sexual gratification from cross dressing.

H, Voyeurism. A person derives sexual pleasure from looking at people who are naked or engaging in sexual activities without their knowledge.

ACTIVITY

1. Explain any five sexual disorders